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Custom Footwear Instructions

Welcome to your new custom boots! Please follow the recommended break-in schedule to ensure a comfortable transition.

- For the first 3 days, wear your boots for 1/2 hour maximum per day. If any discomfort is felt, remove them immediately.
- Inspect your skin for red marks every time you remove the boots. Any red marks should disappear within 15 or 20 minutes after taking the boot off. If they do not disappear within that time, contact your Orthotist.
- After 3 days, increase the wearing time by 1 hour per day until you are able to wear them full time. Continue monitoring for any redness as noted above.

If you have any questions or concerns, feel free to call us at any time and we will be happy to assist you.